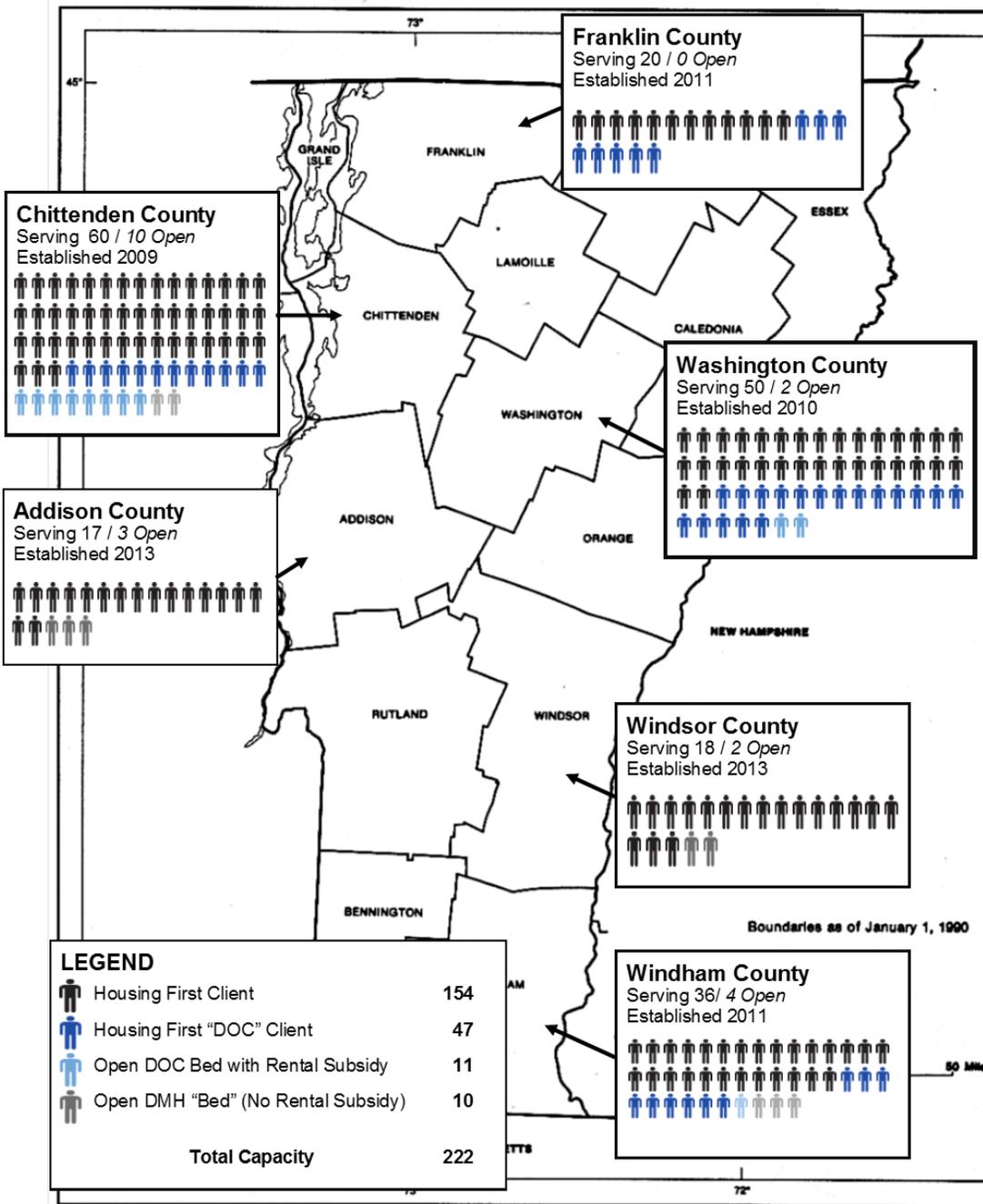


Housing First Program

is an **evidence-based practice** which provides **housing** and intensive support **services** to Vermonters struggling with **chronic homelessness, poverty, substance abuse, criminal justice** issues, as well as serious physical and mental health challenges.

Pathways' Housing First program is currently serving 201 people and has capacity to serve 222.



Pathways' Housing First Program Funding

Grant	Funding	Status
Federal SAMHSA Grant (FY 15 1 st quarter)	\$200,000	Funding ended September 30, 2014
Vermont Department of Mental Health (9 months)	\$611,920	FY 15 Budget Adjustment request
Vermont Department of Mental Health	\$555,000	Ongoing base funding
Vermont Department of Corrections (includes \$330,000 for rental subsidies)	\$830,000	Ongoing base funding
TOTAL	\$2,196,920	

Pathways' Housing First Program Staffing

Franklin/Grand Isle

- 1 Service Coordinator
- .5 Substance Abuse Specialist

Chittenden

- 3.5 Service Coordinators
- .3 Substance Abuse Specialist

Regional Service Specialists

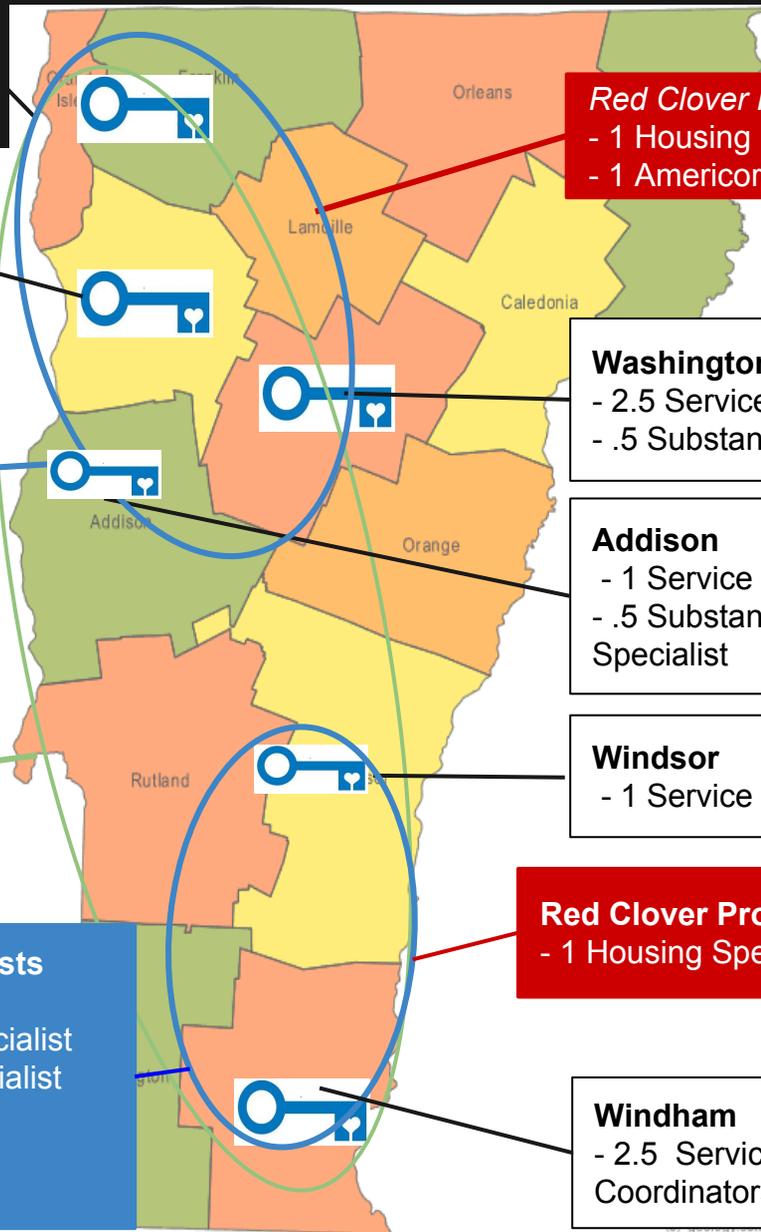
- 2 Team Leaders
- 1 Supportive Employment Specialist
- 1.5 Computer Literacy Specialist
- .5 Nurse
- .3 Psychiatrist

Statewide

- Medical Director
- Project Manager
- Intake Coordinator
- Housing Director
- Administrative Staff

Regional Service Specialists

- 1 Team Leader
- .5 Computer Literacy Specialist
- .5 Substance Abuse Specialist
- .5 Peer Specialist
- .3 Nurse
- 1 Psychiatrist



Red Clover Properties

- 1 Housing Specialist
- 1 Americorps Vista

Washington

- 2.5 Service Coordinators
- .5 Substance Abuse Specialist

Addison

- 1 Service Coordinator
- .5 Substance Abuse Specialist

Windsor

- 1 Service Coordinator

Red Clover Properties

- 1 Housing Specialist

Windham

- 2.5 Service Coordinators



= Red Clover Properties (Housing Team)



= Pathways Office

Pathways' Housing First Program Outcomes

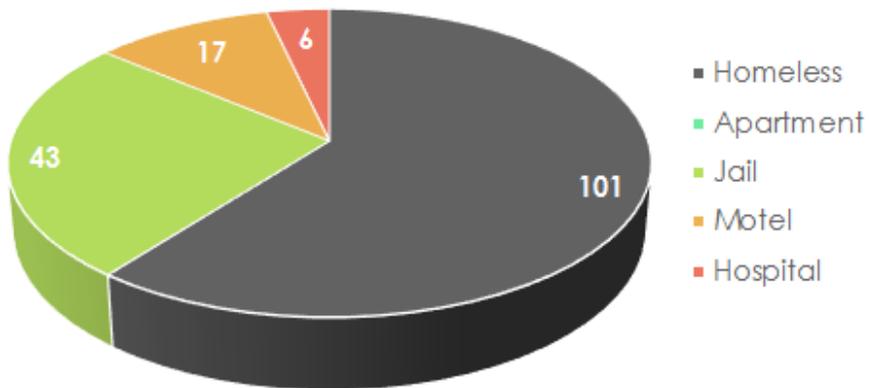
Ending Homelessness:

- 165 individuals experiencing chronic homelessness stably housed
- 92 individuals successfully transitioned from institutions
- 85% retention in housing
- 80,000+ nights in apartments diverted from shelters, prisons, on the streets or state-funded hotels
- Partnering with 110+ community landlords

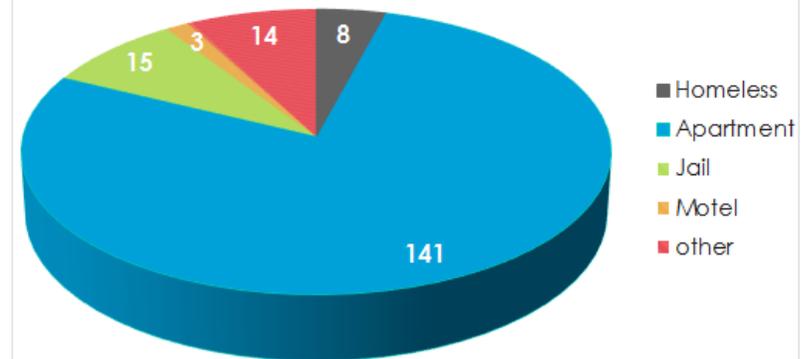
“They have HELPED our state immensely with their programs and have saved my life, directly, when no other services could provide me with the support I needed.”

*“Phae”, Bellows Falls
Housed 17 Months*

Reduction in Homelessness & Institutionalization



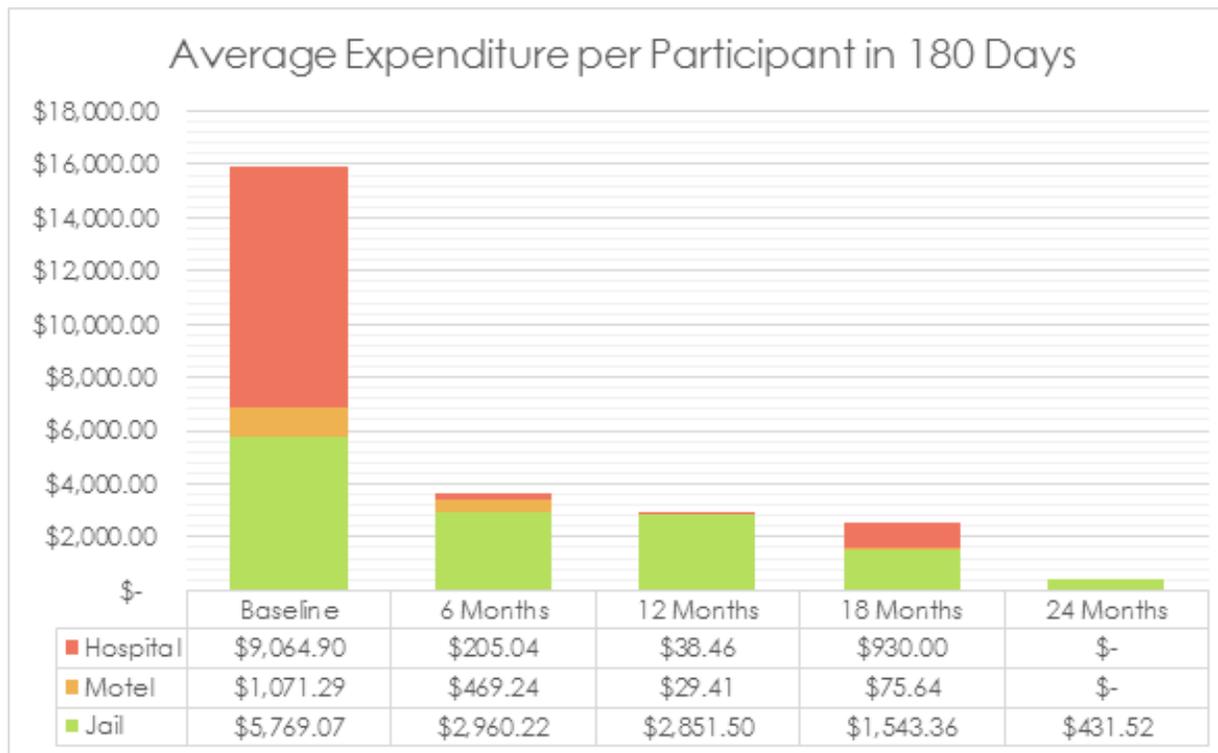
Average Nights Spent in Different Locations Before Housing First (180 Days)



Average Nights Spent in Different Locations Post Housing First (180 Days)

In addition to a reduction in average nights spent homeless, Housing First reduces average nights spent in other settings (such as psychiatric hospitals, correctional facilities and state-funded motels) meaning retention in the community is increased.

Pathways' Housing First Program Outcomes



Decreasing Institutionalization and Contact with Emergency Services

Prior to enrollment in Housing First, participants experienced a high rate of utilization of services such as inpatient psychiatric hospitalization, incarceration and state-funded motels.

Following enrollment in Housing First, reliance on these other services decreased substantially resulting in significant cost savings for the state.

Housing First On Call service receives 1,000+ on-call contacts per year, diverting calls from crisis screeners and emergency response.

Pathways' Housing First Program Outcomes

Before Housing First:



Housing First Saves Money

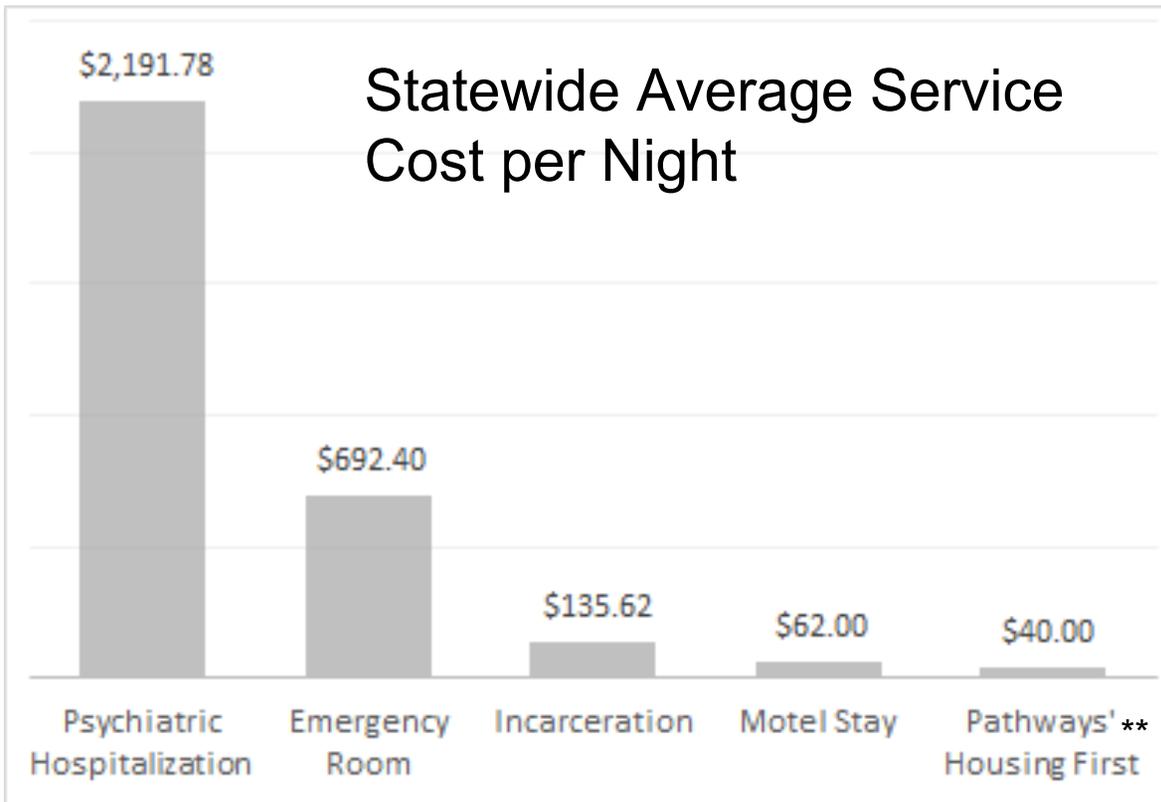
The graphic to the right illustrates a direct comparison of the combined cost of service utilization by 129 clients 6 months prior to entering the Housing First program and 6 months after entering the Housing First program.

With Housing First:



Pathways' Housing First Program Outcomes

Statewide Average Service Cost per Night



Cost Effective Service Model

The cost of Housing First services is a fraction of the cost of the services utilized by individuals experiencing chronic homelessness, meaning it is *less expensive to house individuals than it is for them to remain homeless.*

In one month the Housing First program prevents per 100 clients an average of:

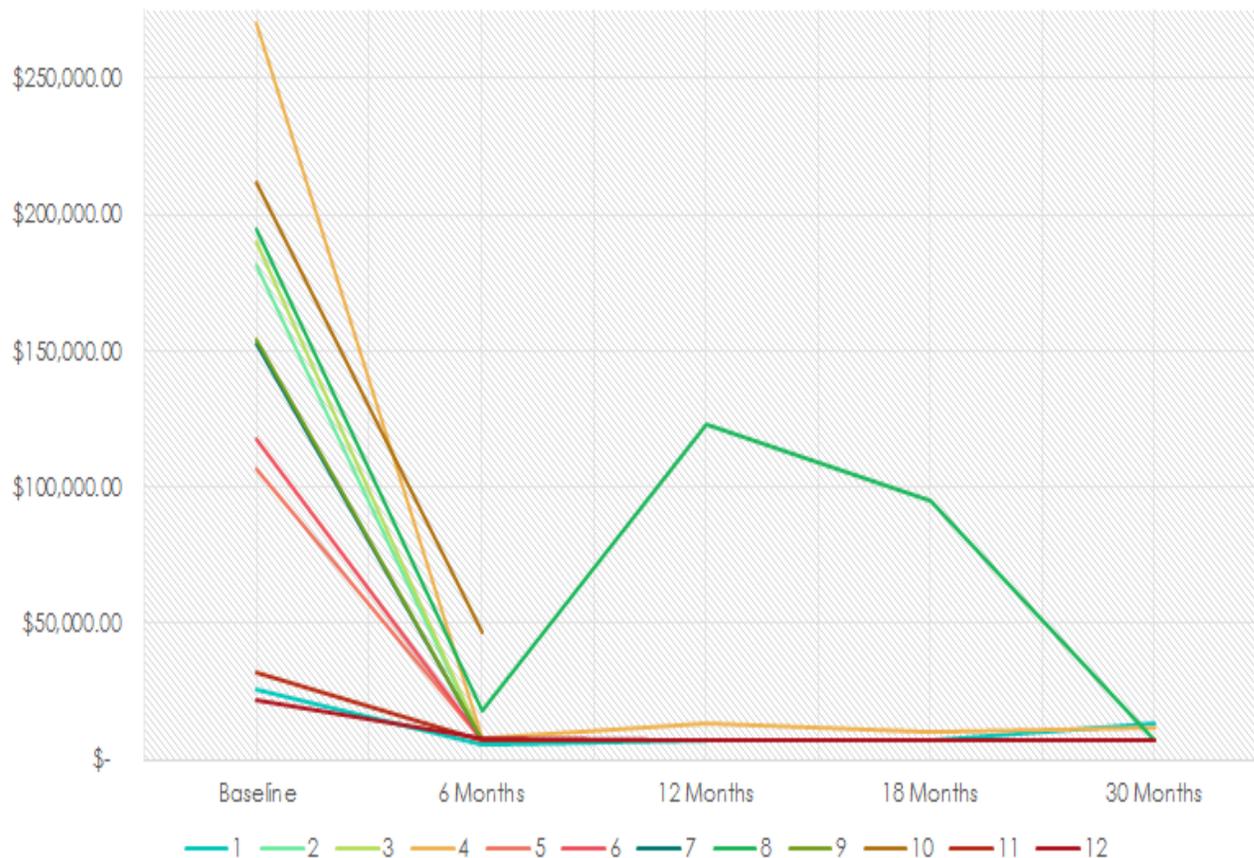
- \$150,000 in inpatient psychiatric hospitalization costs
- \$48,600 in incarceration costs
- \$17,850 in emergency housing costs

*Sources of Average Service Costs: Psychiatric Hospitalization: *GMPC Operating Budget, Department of Mental Health*; Emergency Room: *Department of Financial Regulation*; Incarceration: *Vera Institute of Justice, Department of Corrections*; Motel Stays: *Department of Children & Families, Economic Services Division*

**Includes cost of Pathways' services and housing subsidy

Pathways' Housing First Program Outcomes

Aggregate Service Cost of 12 Clients Over Time



Saving Vermont Money

Actual Costs for 12 Clients:

6-months before Pathways:

- Psych. Hospital: \$1,405,500
- Incarceration: \$71,451
- State-Funded Hotel: \$24,056
- TOTAL: \$1,501,007

6-months with Pathways:

- Psych. Hospital: \$40,500
- Incarceration: \$765
- State-Funded Hotel: \$15,624
- Pathways' Services: \$80,280
- Crisis Respite: \$5,384
- TOTAL: \$142,553

6-Month Savings: \$1,358,454

Pathways' Housing First Program Outcomes

Serving the Unserved and Difficult-to-House

- 70% of clients live with psychiatric disability
- 50% struggle with substance use
- 90% have history of trauma
- No program refusals based on active substance use, criminal history, poor credit, lack of income, repeat hospitalizations or hoarding
- 700 program referrals in 3 years
- 28 Seriously Functionally Impaired (SFI) clients served *without additional funding*
- 650+ monthly in-person, community contacts
- 40+ monthly psychiatrist services



Pathways' Housing First Program Outcomes

Supporting Self-Sufficiency

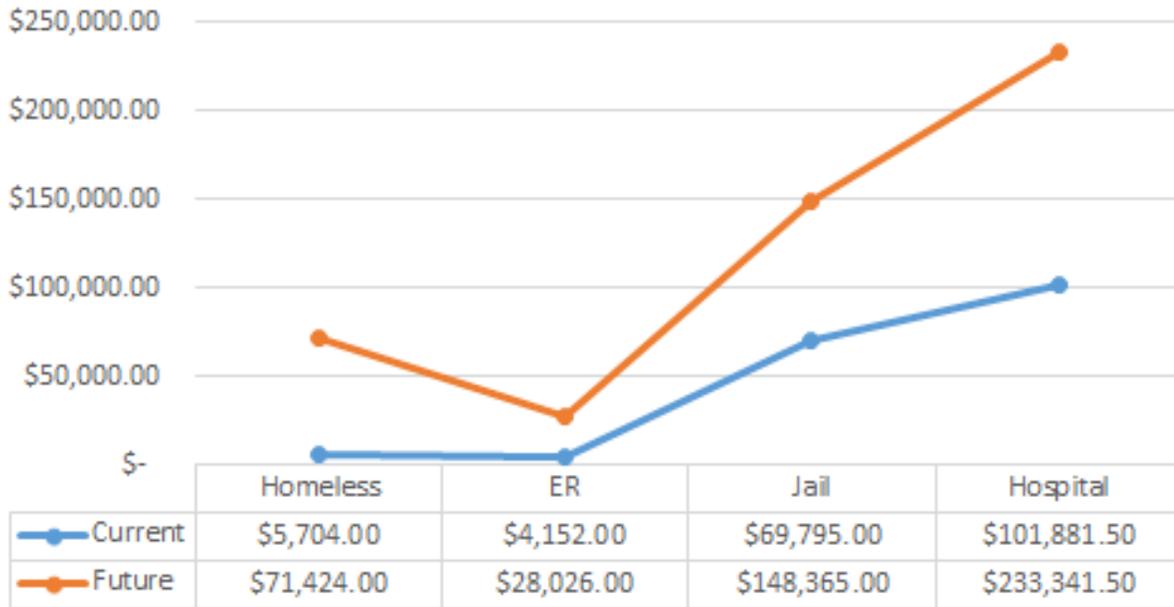
- 99.5% maintained or increased income
 - 20 gained employment
 - 29 received or applying for social security benefits
- 98% secured adequate medical insurance
- 90 gained computer literacy skills through Pathways' Computer Project
- General increases in everyday functioning, general well-being and improved orientation towards employment and recovery.

“Next I want to try to get things more straightened out so I can go back to work. To get back into reality, into life, to be successful.”

-Allen, Middlebury
Housed 23 months

Pathways' Housing First Program Future

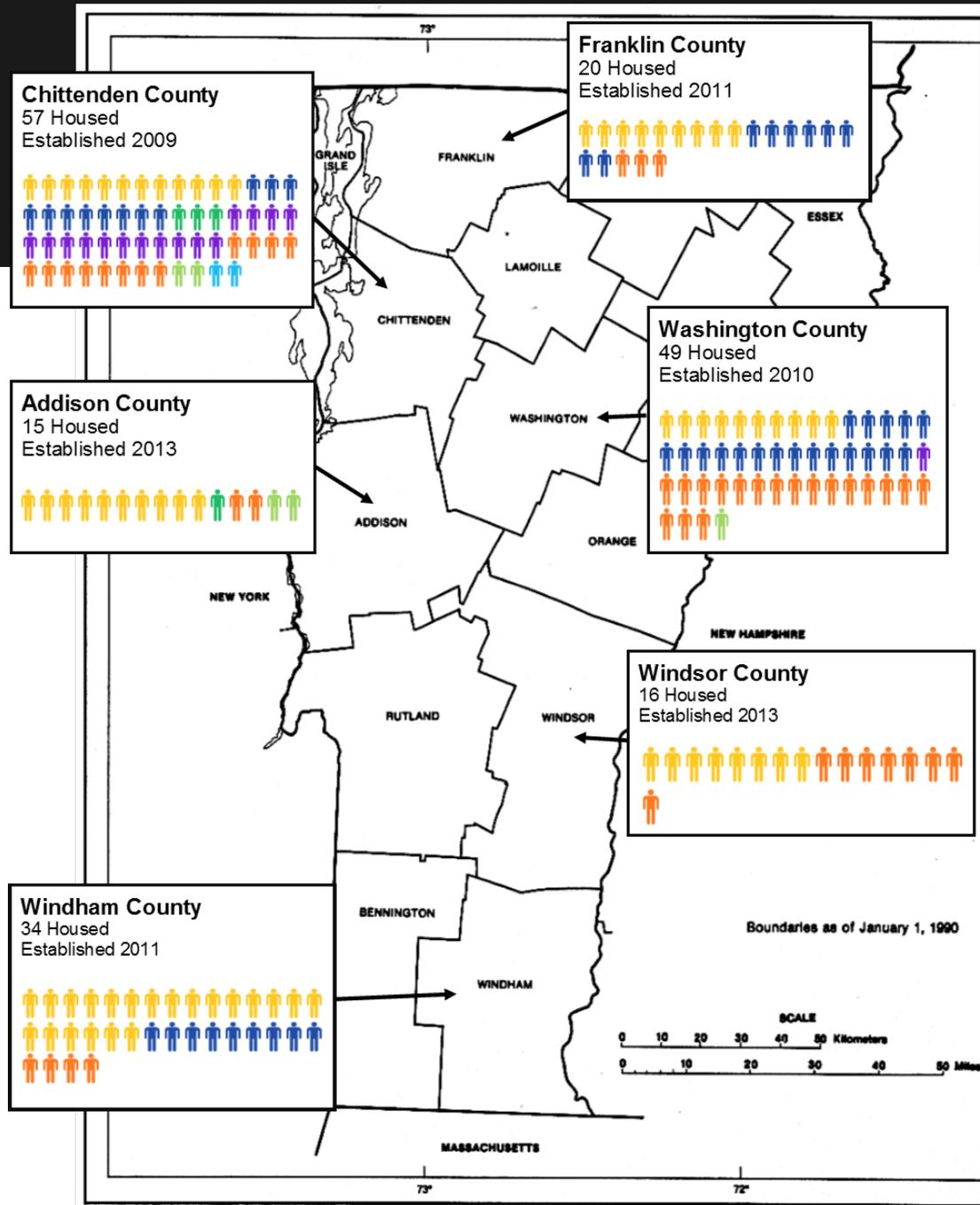
Projected Cost Change in 30 Days Without Pathways



Cost Increase - 1 year Without Pathways

Emergency Room	\$286,488
Homeless	\$788,640
Jail	\$942,840
Hospital	\$1,577,520
TOTAL	\$3,595,488

Pathways' Housing Funding



Source	Housing Funding Type	Number
State	Mental Health Vouchers (Subsidy & Care)	70
State	Mental Health CRT Housing Support Fund	4
State	Department of Corrections	47
Federal	Section 8	16
Federal	Shelter + Care	47
Federal	VASH vouchers (Veterans Administration)	2
Other	Family/Self-Pay	5
Other	In Progress	10
	TOTAL	201

201 persons are at risk of losing housing if services through Pathways are lost.

Supportive Services for Veteran Families FY14 Enrollment by County

County	# Enrolled
Addison	18
Bennington	15
Caledonia	5
Chittenden	84
Essex	1
Franklin	18
Grand Isle	1
Lamoille	9
Orange	4
Orleans	2
Rutland	12
Washington	19
Windham	5
Windsor	21
Total	214

